

National Institute of Aquatic Resources, Technical University of Denmark

# EURL-Fish training course: Histopathology in fish and crustacean diseases 15<sup>th</sup> - 19<sup>th</sup> October 2018

Description of the course "Histopathology in fish and crustacean diseases", held at the European Union Reference Laboratory (EURL) for fish diseases

### **Course content**

The 5-days course is primarily based on a combination of practical work (hands on) and theoretical presentations. This course will focus on the use of histopathology in fish diseases, combining a histopathological approach with pathogen specific techniques Immunohistochemistry (IHC) and in situ hybridization (ISH). The first day participants will be shown how to take optimal samples for histopathological evaluation, considering different tissues and fish sizes. In the afternoon, lectures in pathology and histopathology will begin. During the next days, the participants will continue the training track with a combination of lectures and practical work and will be introduced to special staining methods or pathogen detecting techniques like IHC. The last day is dedicated to histopathology in crustacean diseases. The course gives an introduction to general pathology and the specific histopathological lesions and lesion pattern that occur as a consequence of disease. Focus is put on the understanding of general pathological processes and on training in histopathological diagnostic skills. The course is dialogue based and sufficient time will be given for discussion under way. A social dinner will be organized the second evening. Further details are provided in the invitation letter.

### General course objectives

The course aims to introduce participants to the use of histopathology in fish and crustacean diseases, combining technical knowledge on how to process samples including collection, fixation and the detection and description of lesions that can be observed during different disease stages of systemic infections.

The course will be structured on two main pillars: an overarching part on how to approach histopathology and combine theoretical knowledge on specific lesions to diseases patterns and a more specific part on Immunohistochemistry and In situ hybridization describing pitfalls and application of these techniques to specific pathogens.



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Lectures will include descriptions of the techniques with major focus on their application, pitfalls and trouble shooting. Practical sessions and show-and-tell sessions will allow participants to spend time on the microscope individually observing prepared slides, open discussion as well as one-to-one supervision with the tutors.

Participants are encouraged to bring their own slides of fish diseases to discuss the case with the other participants and tutors. If slides for the day with open discussion have not been sent beforehand they should be handed in on the first day.

### Learning objectives

This course aims to introduce the students to pathology and histopathology of fish and crustaceans with the main focus on the systemic infections in farmed fish. The participants that will have completed the entire course and fulfilled the course's objectives:

### Will be able to:

• sample organs and tissue for histopathological examination and submit them in a correct way

### Will have gained knowledge:

- on how to discriminate between normal histology and artefacts that occurred during fixation and processing
- on how to detect and describe pathological changes and patterns in a systematic and uniform way
- on the technology for preparing IHC and ISH and how to assess pitfalls and errors in staining processes.

Overall, the course will allow participants to understand the underlying principles of the histopathology and specific techniques such as IHC and ISH, thus increasing the ability to evaluate histological slides and critically review results based on histopathological examination. Furthermore, the course will allow the participants to obtain a better understanding of specific staining methods thus increasing the ability to critically review these methods in order to assess pitfalls and to correctly interpret them

The major focus will be on systemic infections including listed fish diseases.

The course will provide a forum where pre-knowledge, experience and examples can be discussed between participants and teachers, and hereby raise the awareness of pitfalls when using the various techniques.

### **Intended learning outcomes**

To increase the practical and theoretical knowledge of histopathology of systemic fish diseases including listed diseases. The course also aims at providing a forum where (good and bad) experiences can be discussed among participants and teachers.

### The core elements

Histopathology of fish diseases IHC applied to fish tissue ISH applied to fish tissue



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### **Assessment**

During each day participants are encouraged to take part in the discussions on the subjects presented.

A specific session at the end of the course is allocated for discussion and evaluation of the course and at the end of the course a questionnaire for course evaluation will be delivered to all participants.

### The course material

A course binder with practical information will be provided. The course binder will also be used for collection of hand-outs from the various lectures.

### The course participants

Since course attendants can come from very different experiences, during the general introduction (day 1), researchers and technicians will be asked to introduce themselves, their pre-experience in the laboratory and their expectations to the course in order to target the course content optimally, especially during the theoretical- and discussion workshops. Their starting point will therefore be mixed as some may have limited theoretical or practical experience, while others may be highly experienced in some or all disciplines.

### **Course supervisors**

Ole Bendik Dale, tutor responsible for pathology and histopathology Tine Moesgaard Iburg, tutor and course facilitator Nikolaj Reducha Andersen, course facilitator Tutors responsible on IHC, ISH and crustacean disease will be announced later



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| Day 1   | Day 2   | Day 3   | Day 4  | Day 5  |
|---|---|---|--|--|
| Section 1   | Section 2   | Section 3   | Section 4  | Section 5  |
| 8:00-9:45 Course introduction Participants will present themselves Place: Audtorium  Coffee Break 9:45-10:15  Walk to necropsy room at DTU VET -FRB 15 min  10:30-12:00 Sampling for histopathological examination. Theory and Practice Place: Necropsy room DTU Vet Walk back to KU 15 min | 8:00-9:30 Lecture on pathology and histopathology Place: Auditorium  Coffee Break 9:30-10:00  10:00-11:30 Microscopy room I  Practical exercise     | 8:00-9:30 Lecture on IHC I  Place: Auditorium  Coffee Break 9:30-10:00  10:00-11:30  Lecture on IHC II  Place: Auditorium                   | 8:00 - 9:30  Microscopy Room  Show and tell of cases by Ole Bendik Dale with discussion and participation of course participants  Coffee Break 9:30-10:00  10:00- 11:30 Microscopy room More show and tell | 8:00 – 15:30  The day is allocated to crustacean diseases  Details will be announced later |
| Lunch 12.15 -<br>13:00  | Lunch 11.30-<br>12:15   | Lunch 11.30 -<br>12:15  | Lunch11:30 -<br>12:15  |  |
| 13:00 – 15:30<br>Lecture on<br>pathology and<br>histopathology<br>Place: M1   | 12:15 – 13:30 Lecture on pathology and histopathology Place Auditorium  Coffee Break 13:30-14:00  14:00-16:00 Microscopy room II Practical exercise | 12:15 - 13:30 Theoretical exercise on IHC Place: Auditorium  Coffee Break 13:30 - 14.00  14:00-16:00 Microscopy room III Practical exercise | 12:15-14:45 General discussion on selected cases brought by participants  14:45-15:15 Course evaluation Coffee, cakes and goodbye  |  |

Draft programme (subject to changes)